

PED 219: Skill Themes & Conc Rel to NASPE Standards

This course is designed to provide an understanding of the skill theme approach to children's physical education curriculum, based on skill themes, concepts and generic levels of skill proficiency. Emphasis will be placed on developing an applied understanding of both "how" and "what" to teach in elementary physical education that will help children to begin to acquire the fundamental competencies needed to successfully participate in physical activities they will pursue as adolescents and adults. Field experience with K-6 children is a component of this course.

Credits: 3

Program: Physical Education