

# Campus and Community Resources for Help

Students and employees of Russell Sage College who have concerns about alcohol and/or drugs for themselves or others, can contact any number of resources on campus and in the community for confidential help.

## On Campus

### Wellness Centers

- Troy Campus: Kellas Hall, (518) 244-2261
- Albany Campus: Kahl Campus Center, (518) 292-1917

Russell Sage College Alcohol and other Drug Education Coordinator. All alcohol and/or drug related services are free and strictly confidential.

- Troy Wellness Center, Kellas Hall (518) 244-2261
- Provides assessments and interventions, short-term counseling, referrals, consultations, educational programs, literature, and peer education.

## Off Campus

Employee Services (Employee Assistance Program), 1-800-252-4555

- Provides free, confidential, professional assistance to any Sage employee and/or family member.

## Community/Self Help Resources

(518 area code)

Equinox, Albany	518 434-6135
Hope House, Albany	518 427-8207
St. Peters Addiction & Recovery Center, Albany	518 458-8888
Conifer Park, Troy	518 274-5143
Hudson Mohawk Recovery Center, Tro	518 272-3918
Rensselaer County Substance Abuse Services, Troy	518 270-2800
Alcoholism Council of Schenectady	518 346-4436
Alcoholics Anonymous	518 463-0906
Narcotics Anonymous	800-559-9503
Al-Anon/Adult Children	518 477-4476