

## NTR 403 : Nutrition Metabolism II: Micronutrients

Continuation of Nutrition Metabolism I: Macronutrients. The functions of the micronutrients (vitamins and minerals) in the human organism for normal nutrition are explored. Emphasis is placed on interactions and interrelationships of the nutrients at the organism and cellular levels. The rationale for dietary goals and determination of human nutrient needs are explained. Relevance of nutritional needs/problems will be discussed.

**Credits** 3

**Prerequisites**

BIO 201, BIO 202, CHM 104 or CHM 201, and NTR 201