

# HSC 210 : Complementary and Alternative Medicine

This course will provide the student with an overview of complementary and alternative medicine (CAM), its history, philosophies, and techniques. Over the course of the semester students will explore alternative medical systems, mind-body treatments, biologically based interventions, manipulative and body-based methods, and energy therapies. Students will learn to evaluate the safety and effectiveness of these modalities using peer-reviewed research. *[Advising note: Prior to 2017 this course has been offered as HSC 410: Complementary Health Care.]*

**Credits** 3