

## CAT 203 : Introduction to Child Life Specialty

This is an introductory course for the Child Life Specialist Concentration in the Creative Arts in Therapy Program. Child life specialists promote effective coping through play, preparation, education, and self-expression activities. They provide emotional support for families, and encourage optimum development of children facing a broad range of challenging experiences, particularly those related to healthcare and hospitalization. This course will cover the history of the Child Life, scope of practice, as well as those areas of child and family development and care that are unique to this profession.

**Credits** 3